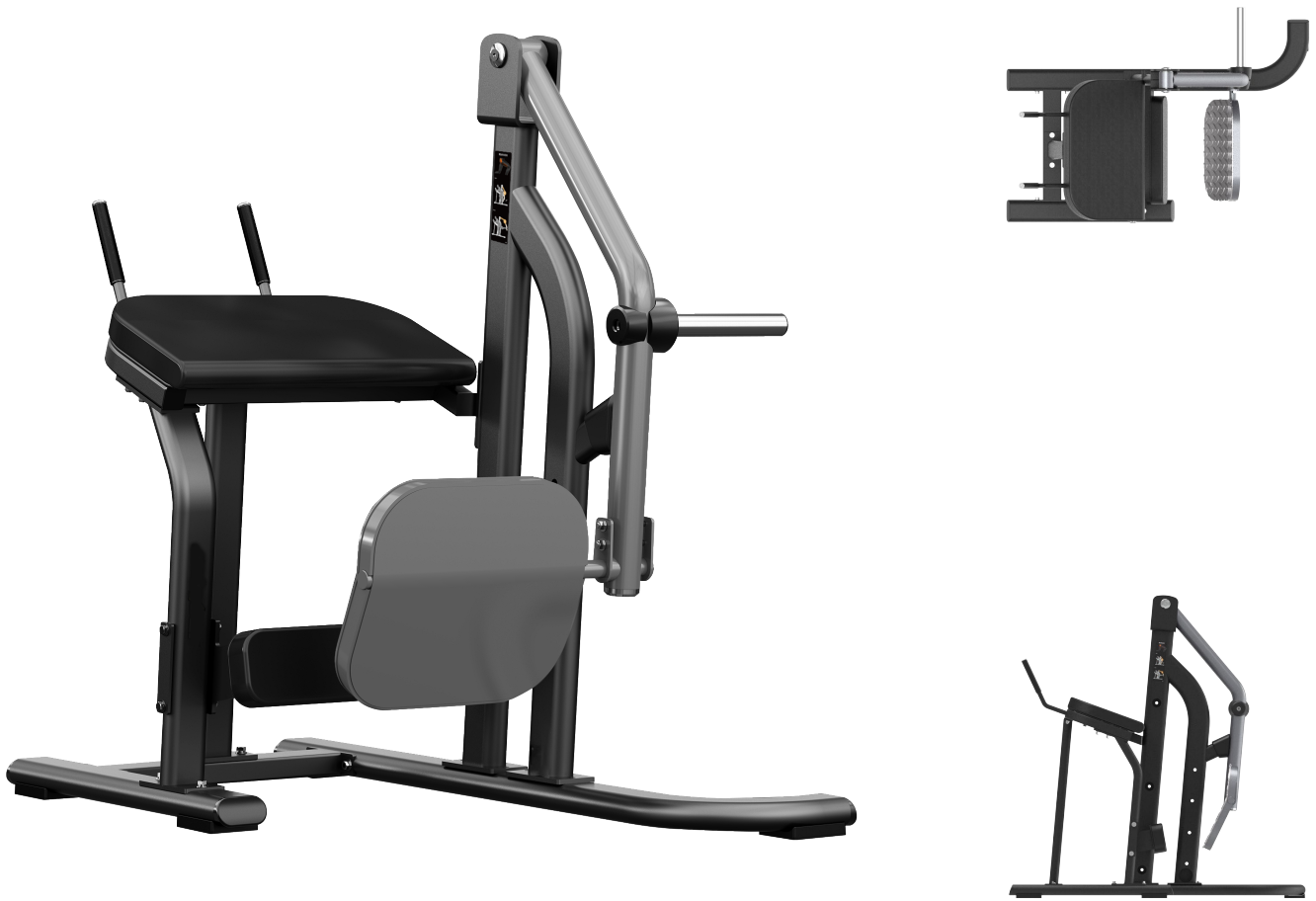


SH PLATE LOADED SERIES

SH007 - REAR KICK



PRODUCT OVERVIEW

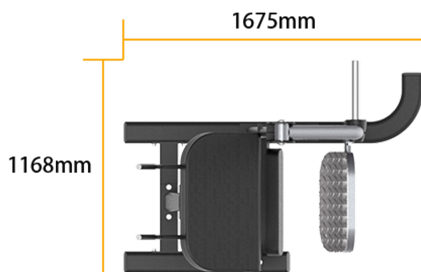
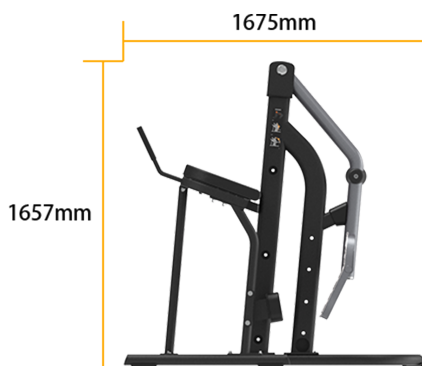
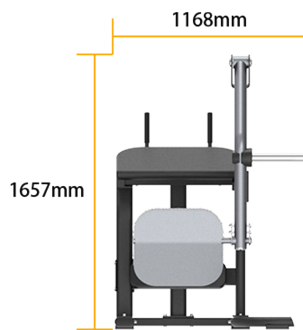
The SH007 is a premium plate-loaded strength machine designed for targeted glute training. With a modern aesthetic and reinforced construction, it is ideal for large commercial gyms and high-end personal training studios.

The ergonomically designed auxiliary handles are precisely angled for a comfortable grip and stable support, helping users maintain proper posture throughout the movement. The 20° inclined wide body pad provides ample support space while increasing hip joint mobility, extending the range of motion and enhancing training quality. A padded calf support helps stabilize the supporting leg, reducing compensation and allowing for more isolated training. The movement arm follows a trajectory that matches the natural path of the hip joint, while the oversized dual-angle anti-slip footplate supports various externally rotated foot positions for more complete glute activation.

SPECIFICATIONS & KEY FEATURES

Specifications

Dimension:	1675*1168*1657mm
Net Weigh:	115kg
Max Load Capacity:	150kg
Main Frame Tubing:	PT60x120x2.5
Standard Color Scheme:	SH Series standard color scheme



Product Features



Ergonomic Auxiliary Handles

Precisely angled for comfortable grip and stable support, helping maintain proper posture and movement quality.



20°Inclined Wide Body Pad

Fits different shoulder widths, providing comfortable support and sufficient range of motion.



Padded Calf Support

Reduces impact, stabilizes the supporting leg, and allows for more isolated muscle engagement.



Dual-Angle Anti-Slip Footplate

Supports multiple hip rotation angles, ensuring more comprehensive glute activation.